

Guidance on Mixing TB Medication

Items that mask the flavor (bitter or tart)

- Orange Tang concentrate (only the squirt, not the powder)
- Lemonade concentrate
- Dark chocolate sirup or topping
- Ketchup
- Mustard



Traditionally used things that do not cover the medication flavor at all, but help swallow:

- Apple sauce
- Apple juice
- Pre flavored meds
- Yogurt
- Chocolate milk
- Vanilla pudding
- Chocolate pudding (reduces the taste but does not fully masks it)
- Mio squirts

If a child has a hard time swallowing the pills due to the taste but can swallow pills otherwise you can wrap in foot long fruit roll up or use sour candy spray.





Step one

- small amount of tang
- Add water to it
- Let kid try if more water needed or more tang

Step 2

- Crush meds



Step 3

- Mix crushed meds and small amount of liquid well together



Step 4

- Ready to drink
- Keep total amount as



Rifampin can be mixed in too, it changes the color of the drink but not the taste!

Chocolate syrup/sauce mix

Step one

- Open capsules or crush meds



Step 2

- Use small amount of chocolate and mix well
(might need stir stick or two spoons)



Step 3

- After stirring well, kid can lick and eat the spoon of chocolate with meds mixed into it



Wrapping meds in fruit roll up

- Take small amount of gummy and wrap full or cut parts of the meds into it
- Kid will not have the taste of the medication in the mouth and can swallow them with candy flavor

